



Issue 9

26 June 2019

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5 Things to remind yourself daily.

1. I am amazing.
2. I can do anything.
3. Positivity is a choice.
4. I celebrate my individuality.
5. I am prepared to succeed.

by build your confidence.



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East Ballina NSW 2478
T 02 6681 0300 F 02 6681 0499
E southerncrossschoolofdistanceeducation@det.nsw.edu.au
W sthcrossc-d.schools.nsw.gov.au

From the Principal's Desk

Hi All,

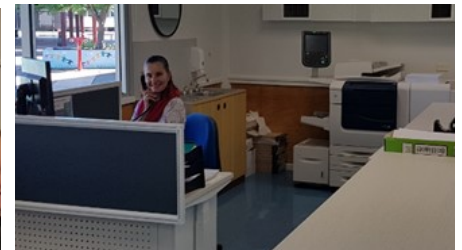
The term is racing away from us with a lot going on. I have had a couple of training events on and have been out for the last two weeks, but I am back. A big thanks to the staff for holding down the fort and ensuring the smooth operation of the school during this time.

We have things moving and back on-track in terms of renovations and transitioning to one site. Our Math staff have moved in upstairs, our office staff have moved in downstairs and we have other areas being cabled and prepared. We send out a big thanks to Rural and Distance Education for coming up with some funding to complete the cabling works.

I look forward to seeing some of our students' works over the next couple of weeks, after going over the student reports. There seems to be some great things happening, and for those who are putting in the effort, I send out a big WELL DONE to you for your efforts this semester. On saying this, we have some students who need to become a lot more engaged in their learning and I encourage those students to make a call to a teacher, turn up to your Hub, speak to your supervisor or do something to start the process. You don't have to be great to start – but you have to start to be great!

As always, if you have an enquiry regarding your learning, please contact the school and organise to speak with one of our executive staff to discuss a solution or pathway.

Yours in Education,
Danny Henman



Primary News

Primary: Aboriginal Education

This term our primary mini-school coincides with NAIDOC week, so we will join with our community to celebrate the strength, diversity and richness of Aboriginal cultures. Activities will include Welcome to Country, a smoking ceremony, cultural presentations, craft workshops and traditional games.

In preparation for NAIDOC day, primary students will participate in cooking with bush foods and attend an Aboriginal dance workshop with Aboriginal teacher Lyn Buchanan. They will learn about the Stolen Generations using the age-appropriate resource kit developed by The Healing Foundation. They will listen to both oral and written stories and develop an art response using mosaics. The mosaic tiles will then be used to decorate the area around a potted bush tucker garden, which feature lemon myrtle, tamarind and lilly pillilly. This will serve as a permanent reminder of the Stolen Generations, as well as beautifying the area and providing fresh bush foods.

These activities have been made possible with a grant from the Healing Foundation and donations of pots and potting mix from Bunnings Ballina. We thank them for their generosity.

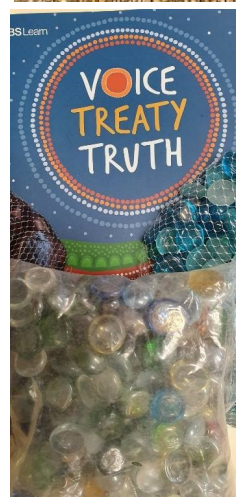
Aboriginal Education – it's everybody's business.

The Healing Foundation is a national Aboriginal and Torres Strait Islander organisation that partners with communities to address the ongoing trauma caused by actions like the forced removal of children from their families.

Bush tucker ready for planting

Stories recommended in the Resource Kit

Ready for mosaic creation



HealingFoundation
Strong Spirit • Strong Culture • Strong People

ON THE WORLD



(Source: Big Life journal- Teen Edition)

How much do you care about these world issues?

	don't care	care somewhat	care deeply
Animal Rights	<input type="text"/>		
Global Hunger	<input type="text"/>		
Pollution	<input type="text"/>		
Poverty	<input type="text"/>		

What other world issues are you concerned about?

Secondary News—HSIE

Can we study Geography?

Did you know that former US president, Barack Obama, was a great advocate for studying Geography? Here's one of his quotes:

"The study of geography is about understanding the complexity of our world, appreciating the diversity of cultures that exists across continents. And in the end, it's about using all that knowledge to help bridge divides and bring people together."



Why study Stage 6 Geography?

The NSW Stage 6 Geography Syllabus states:

Geography is a life-long interest, stimulating a natural curiosity about how and why the world's people and their environments are so varied. There are four primary reasons why students should study the subject of Geography:

1. Geography provides knowledge of the earth and helps people to plan and make decisions about the spatial dimensions of the world
2. Geography provides an intellectual challenge to reach a deeper understanding of the variable character of life on our planet
3. with a strong grasp of Geography, students are well prepared to explore issues as informed citizens in a changing world
4. students of Geography develop skills and understandings transferable and applicable to the world of work

Don't look for any more reasons to study Geography!

Start investigating the world today!



Save our Catchment

Students care and think about the environment around them. They are capable of developing creative and innovative solutions to issues in our natural environment. Encouraging students to participate actively in the decision making process develops informed and active citizens. Save Our Catchment is the newest virtual excursion Southern Cross School of Distance Education have produced. Save Our Catchment Virtual Excursion was developed in collaboration with Jubullum Local Aboriginal Land Council and sponsored by NSW Department of Education via the Aboriginal and Culture Histories Grant initiative. A total of twelve videos have been completed with accompanying learning materials. All due to be released to Stage 5 Geography students at Southern Cross next semester.

Samples from learning materials:



The Cats Claw Story

The Cats Claw Creeper is considered a major environmental weed in Australia, introduced to Australia as an ornamental vine it is now classified as a Weed of National Significance and a noxious weed. Prolific in South East Queensland and Northern New South Wales, the plant is conservatively estimated to cost \$15 million to eradicate.

The Cats Claw Creeper today poses a significant threat to biodiversity and riparian health in the Upper Clarence River Catchment. Originally introduced sometime between 1850-1880 to the Rocky River from a landowners garden. The ornamental vine has now taken residence in all of the local tributaries and spreading far down stream where the river widens into floodplains.

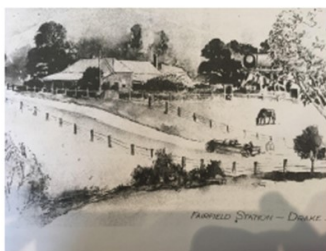


Figure 5.13 Historical homestead
The Fairfield station homestead at Drake.



Figure 5.14 Historical homestead
A historical homestead in the Upper Clarence River Catchment.

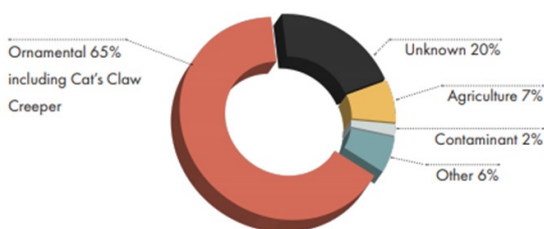








Figure 5.15 Means of alien species introduction
Means of introduction of plants naturalising in Australia for the Period between 1971 and 1995
Couty-Smith, A.J. and Dawney, P.O. (2006). Impact of weeds on threatened biodiversity in New South Wales. Technical Series no. 11, CRC for Australian Weed Management, Adelaide.



Activity 3.5

You have been privileged to have Poppy Harry Walker allow you to learn a little of the traditional terms associated with the local landscape. In the previous passages about river landscapes you will have noticed next to English words you are familiar with the traditional Wahlabul terms.

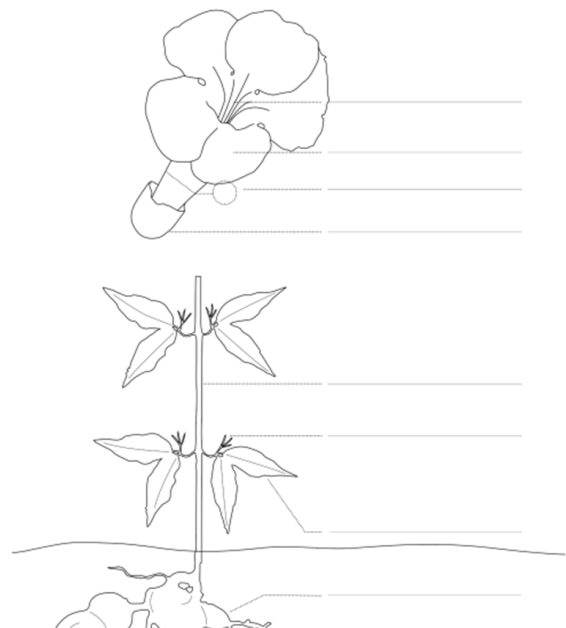
Match the English with Wahlabul terms by drawing a line

	Bambay	
	Bulun	
	Gowedin	
	Juruy	
	Ngoodard	
	Nhubi-Girdbela	



Activity 6.2

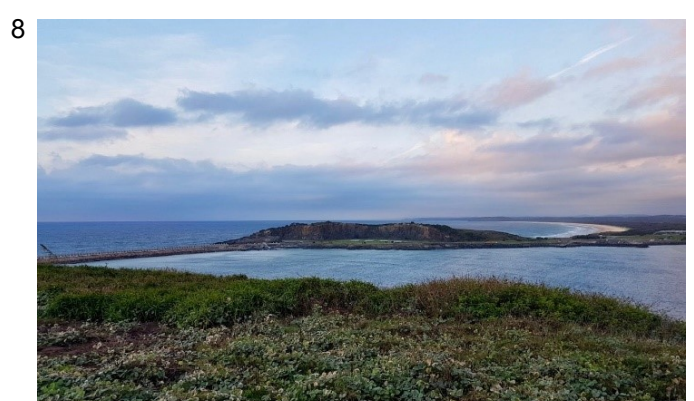
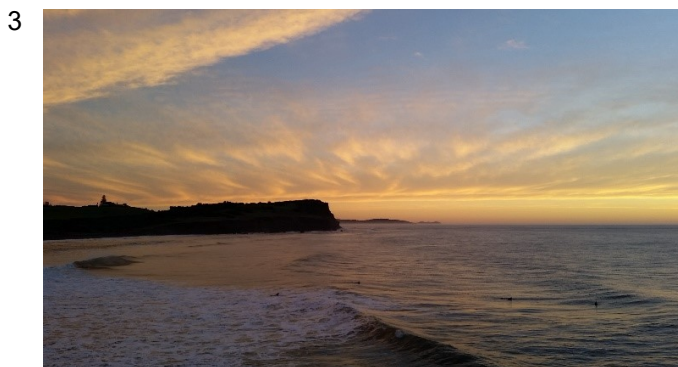
Draw a sketch of the Cats Claw Creeper. Label physical features.
Fill out the diagram below.



Secondary News—HSIE

HSIE Guessing Competition: Where in the region am I?

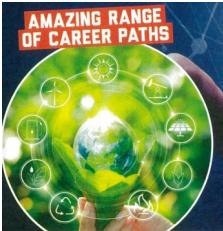
These pics were taken by travelling HSIE staff out on the road visiting students. Do you know where any of these places are? Email your answers to Head Teacher HSIE: angela.pelc@det.nsw.edu.au. Be the first to submit a correct location for a photo and wait for your prize to arrive in the mail. 8 prizes on offer, all totally worth winning. Good luck!



Secondary News—HSIE

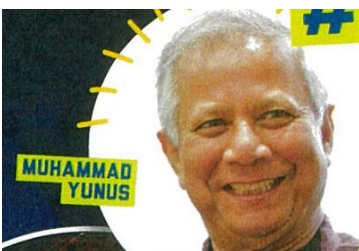
Senior subject focus: Economics

Economics is a broad subject that helps you understand the world around you. At its core, Economics is the study of human decision-making and how best to use our limited resources. Economists care about trade-offs. They ask questions such as: What are the costs and benefits of this decision? How can we balance efficiency and fairness? What will provide the most good for society?
Change the world and earn \$\$\$\$



An economics degree can take you into public policy, the health or environment sectors, international development, banking, finance, research or journalism – to name just a few. Your economic skills will allow you to explore a range of issues.

The skills you develop in learning economics are highly sought after and rewarded in the work place. Researchers at the Reserve Bank of Australia (which employs a lot of economists) found that economics graduates typically have higher full time earning than graduates from other fields.



You might not have heard of him, but economist Muhammad Yunus has changed the fortunes of millions of people – particularly women – in impoverished nations by pioneering micro credit- very small loans given to people too poor to qualify for traditional bank loans. Muhammad was awarded the Nobel Peace Prize in 2006, which shows how the application of economics can transform lives for the better.

Are you the kind of person who reads a headline or sees a headline and wonders why? Economics can help you gain the analytical and observational skills to seek answers to some of the biggest (and smallest) questions of day-to-day life, by thinking creatively, collecting and interrogating the numbers, analysing the bigger picture and applying these skills.

Meet some of Australia's leading women in Economics



Economics Journalist
Jessica Irvine

Economic journalists write for online and print media about economics topics and current issues to inform and engage wider audiences.



Environmental Economist
Jo Evans

Environmental economists examine the relationship between the economy and the environment. They look at ways to achieve a healthy environment, a strong economy and thriving communities.



Market Economist
Su-Lin Ong

Market economists in global financial institutions highlight trends influencing financial markets by providing detailed economic analysis and forecasts for regions around the world.

For further information about studying Economics via distance education contact Mr Brian Mitchell

Brian.mitchell7@det.nsw.edu.au Ph 66187637

**CONSUMER CHOICE, PERSONAL FINANCE,
E-COMMERCE, YOU AND THE LAW, INVESTING,
ARE JUST SOME OF THE TOPICS YOU CAN STUDY.**

Cyberbullying – what is it?

Have you ever wondered what to do if you experience cyber bullying. ‘What’s that?’ I hear you say. Well cyberbullying is when technology is used to bully a person or group with the intent to hurt them socially or psychologically.



How do I stop it ?

Talk to someone you trust straight away—like a parent, sibling, uncle/aunt, teacher or friend, or contact [Kids Helpline](#)

- don't retaliate or respond—they might use it against you
- block the bully and change your privacy settings
report the abuse to the service and get others to as well to, the [eSafety Commission](#)
- collect the evidence—keep mobile phone messages, take screen shots and print emails or social networking conversations
- do something you enjoy—catch-up with friends, listen to good music, watch a good show or chat online to people you can trust
- remember, you didn't ask for this—nobody deserves to be bullied and you will get through this

If you're at school, go and talk to your teacher—they are there to help you as well.

PHEW! That's heavy stuff I know, but we all need to be aware of it and we all need to look after each other in the cyber world. Here are some links if your interested in doing some further reading.

Cyberbullying FAQs

<https://www.esafety.gov.au/complaints-and-reporting/cyberbullying-complaints/cyberbullying-complaints-faqs>

eSafety parents and carers <https://www.esafety.gov.au/parents>

Youth Law Australia. Lots of legal stuff <https://yla.org.au/>



Secondary News—HSIE

Work Studies



Are you work ready?

Please click on the link and watch the video produced by the Business Council of Australia on being work ready. This video lists the Values, Behaviours and Skills employers are looking for in their staff.

<https://www.youtube.com/watch?v=cMEvtv4sgHQ>

Work readiness applies to people starting a career, including young people transitioning from education into work; workers moving between organisations or industries; and people returning to work after extended time off.

Today many employers are looking for potential employees to have more than a qualification—they want them to be ‘work ready’.

They want them to have specific attributes before they will consider them suitable for a job.

Why choose Work Studies?

By doing the Year 11 and 12 Work Studies course students will learn specific employability and work readiness skills.



From the Financial Management teachers

Advice and challenges from The Barefoot Investor, Scott Pape and #11 from us. Go through the list and see how many you can tick off. The aim is for you to be able to say yes to all of these before you leave school.

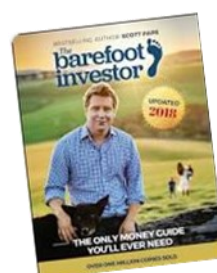
1	Open a zero fee high interest savings account	<input type="checkbox"/>
2	Bought and sold something second hand	<input type="checkbox"/>
3	Learned to cook at least two low-cost delicious and nutritious meals from scratch	<input type="checkbox"/>
4	Volunteered in your local community	<input type="checkbox"/>
5	Saved your household at least \$100 on your household bills	<input type="checkbox"/>
6	Promised to never get a credit card	<input type="checkbox"/>
7	Get some part time work	<input type="checkbox"/>
8	Earned at least one glowing reference from a boss	<input type="checkbox"/>
9	Opened up an ultra-low cost, high-growth super fund	<input type="checkbox"/>
10	Set up a savings account for a home deposit	<input type="checkbox"/>
11	Go technology free at least one day a month – why not make it the first of the month or every full moon tech free.	<input type="checkbox"/>

The Barefoot Investor for Families: The only kids' money guide you'll ever need, Pape, 2018.



Year 11 and 12 Financial Management courses use the government ASICs Money Smart website – it is definitely worth a look whether you are 13 or 80 years old!

Below are some great resources for students and families to help with money management. It is not about the money, it is about having a rich life.



Secondary News—HSIE

Trade Fair and Market Day

Dear Students,

We are excited to be having our third Trade Fair and Market Day and our FIRST at East Ballina later in the year.

Last year we had the following wonderful stalls and activities; organic garlic, jewellery, plants, crochet, bags, farm produce, sauces, children's handicrafts, photography, woodwork, BBQ, cheese and spinach rolls, musicians, a cafe and second-hand items.

We cannot wait to hear your ideas for this year.

Get planning Get making Sell your wares

Buy some treasures Advertise your business

WHEN: Term 4 Week 8, Friday 6 December
10.00 am-1.00 pm

WHERE: Southern Cross School of Distance Education, EAST BALLINA

It is open to all full-time K-12 Southern Cross School of Distance Education students and past students. All stallholders will make a gold coin donation for charity, on the day.

If you live far from Ballina, please call and we may be able to collect your items and sell them on your behalf.

Last year we collectively raised over \$600 for charity. Donations went to The Fred Hollows Foundation, Doctors without Borders and WIRES. The SRC also administered several microloans via KIVA.

Kiva Microfunds is a 501 non-profit organisation that allows people to lend money via the Internet to low-income entrepreneurs and students in over 80 countries. Kiva's mission is "to connect people through lending to alleviate poverty." [Wikipedia](https://www.wikipedia.org)

Please speak with any of your teachers or email me to discuss your ideas; we are all here to support you.

Best wishes,

Alison

Future Options Expo

Save the date

Tuesday 30 July 2019



This expo provides information for students to make decisions about post-secondary options.

WHERE Trinity Catholic College Sports Centre

TIME : 9:00am to 1.00pm
FREE ENTRY

Interested in a Career in the Defence Forces?

Come along to an Information Session for Distance Education students Monday 26 August 2019
10.30am



The Defence Force Recruiting Team will be visiting to speak to students and parents who may be interested in the Army, Navy, Air Force or Defence Reserves.

All age groups are welcome to attend.

Location: Southern Cross School of Distance Education, Chickiba Drive, East Ballina



Southern Cross

SCHOOL OF DISTANCE EDUCATION

Student Leadership Team

I was fortunate to attend the SRC Symposium with three SCSODE students on the 31st of May. Leanna Laughton, Hugh Walters and Tonya Turner Kerr delivered a presentation in front of students and staff from six other schools. This small team were outstanding ambassadors for our school, speaking with confidence and purpose about the projects they have worked on as part of the SCSODE Leadership Team. Of particular note was the collaborative work they are doing to help others and their compassion around those less fortunate. The leadership team has been well supported by Jude Ford, our Leadership Coordinator here at the school.

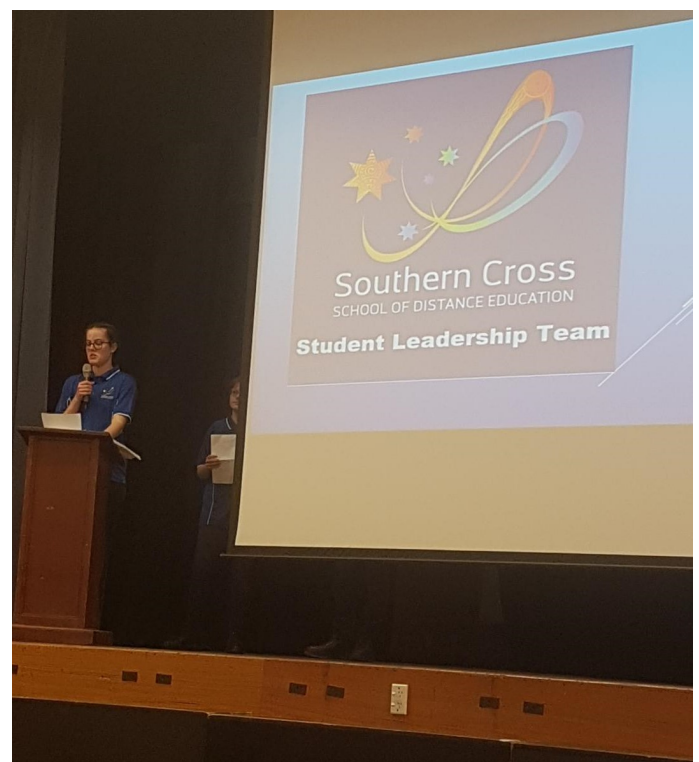
Congratulations Lea, Hugh, Tonya and Jude for your outstanding contribution to student leadership. **Liz Harbison, Stage 4 Adviser/ Transition Co-ordinator**

On the 31st of May, three members of our Student Leadership Team attended the North Coast SRC Symposium at South Grafton High School. It was a very interesting event, and really gave a wide view of how people perceive our school. We got the opportunity to see what charities other SRC's have fundraised for, and it was an excellent chance to think about what we would like to do in the future for our school community. Although we got faced with negativity from some other schools, we stood up and spoke proudly about our passions, and it helped our confidence to see that some people really thought about what we were saying and hopefully took it on board. Everyone got something out of the event, and I hope that we managed to let the other schools see that we are an actual school community with strong values and beliefs. All in all, I feel very proud of our team and I hope we made our school proud as well.—**Tonya Turner Kerr Year 8**

I'm Hugh Walters, a relatively new student leader.

The SRC symposium I went to on the 31st was my first experience in public speaking and I was terrified. When I got up there though it was not so bad. I am glad that I had my team members with me, as I don't think I could have done the whole presentation by myself. In all I had a good day, got a little confidence boost and did not ruin the whole thing. Yay! **Hugh Walters, Year 8**

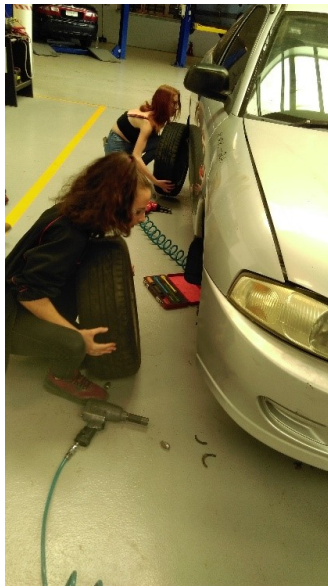
I got some great ideas from the day about being a leader. It was the first time the leadership team have all been together at an event like this. We gave a presentation on what the team had accomplished so far. It was a great experience, and the leadership team got some great ideas. It was a challenging experience, but it was definitely confidence-building. **Lea Laughton**



School/Community News

TAFE Taster Day—Kingscliff TAFE

Several students recently spent the day at Kingscliff TAFE to experience different career options and areas of study. They joined in practical activities in Automotive, Beauty, Nursing, Child Care and Animal Studies. Year 10 and 11 students will have the opportunity to study a course at TAFE as part of their senior studies next year. These **TVET** (TAFE vocational education and training) courses are free for students and generally work towards a Certificate 11 or 111 qualification.





the family centre
**Nurturing Resilience
in our Children**

THURSDAY 27TH JUNE 2019, 9.30AM-11.30AM
THE FAMILY CENTRE, 2/317 RIVER ST, BALLINA



Are you a parent or carer of a child/young person?

Would you like to nurture and enhance your child's resilience/ability to cope during tough times?

During the workshop we will:

- Share our parenting successes and struggles
- Explore resilience – what it is and why it is important
- Try out a proven tool that helps parents and carers find ways to support their children as they grow and face difficulties that life can bring.
- Share and discover practical tips/ideas that you can take away and 'try out'.

For more information about the workshops please call
Kate Binder at The Family Centre on 0412 088 023

To register please call The Family Centre on 02 6686 4109 between 9am and 12.30pm



Southern Cross School of Distance
Education

Would like to invite you to celebrate our 1st

**2019 NAIDOC DAY
CELEBRATION**



**VOICE
TREATY
TRUTH** 07 - 14
JULY 2019
Let's work together for a shared future.

When: Wednesday, 3rd July 2019

Where: Southern Cross School of Distance Education
Chickiba Dr, East Ballina NSW 2480

Time: 9:30am - 2:30pm



SCA Under Armour Soccer Camp

Hosted By



Southern Cross DE - East Ballina Campus

8 - 9 July 2019

9:00am - 3:00pm

7 - 15 Years

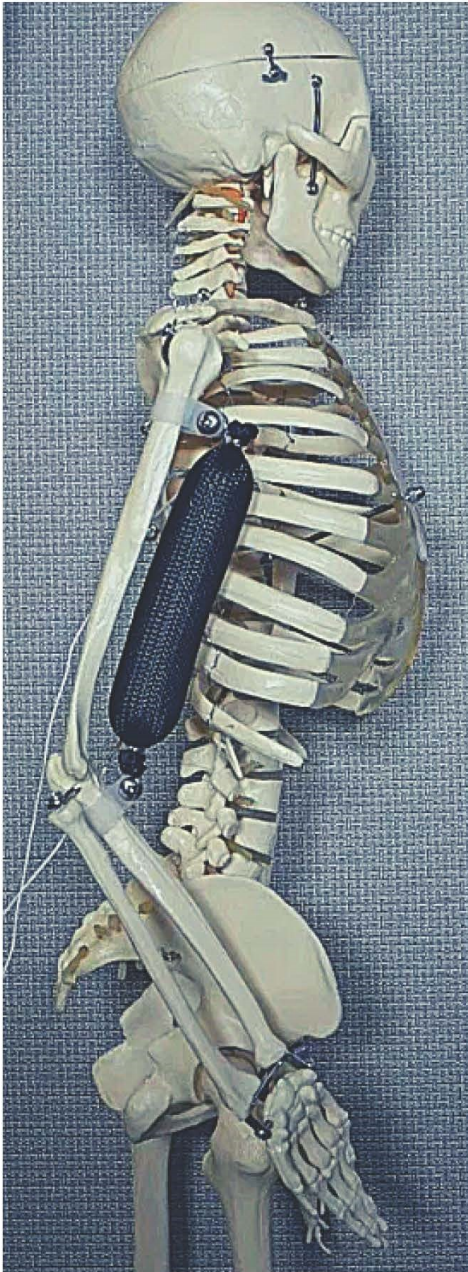
All Skills

Co - Ed

\$230

1800 753 127

www.sportscampsaustralia.com.au



Southern Cross
School of Distance
Education

STEM WORKSHOP PART 3 ROBOT MUSCLES

Come join our STEM team for the third robotics and microbit workshop where we will **design, build, and test** our designs

STEMLAB 5
East Ballina Campus
Tuesday 2nd July, 2019
9.30 - 3pm
BYO Recess and Lunch

Call Sam 66810414 to register your spot.



CELEBRATING NAIDOC WEEK 2019

National NAIDOC Theme - VOICE- TREATY -TRUTH

Program for NAIDOC Week



BCTI LOCAL AECG

All Children to be Supervised by an Adult over 18 years and all event days are drug and alcohol free during NAIDOC Week Activities



CELEBRATING NAIDOC WEEK 2019

VOICE -TREATY -TRUTH

NAIDOC WEEK ACTIVITIES - TRANSPORT SUPPORT BY TWEED BYRON AND BALLINA COMMUNITY TRANSPORT -

PLEASE CONTACT US BY PHONING

1300875895




12 SEATER BUS SUPPORT FOR ELDERS FOR BALLINA TOWN EVENTS

NORMAL BUS TIMETABLE FROM CABBAGE TREE ISLAND TO BALLINA WILL OPERATE






All Children to be Supervised by an Adult over 18 years and all event days are drug and alcohol free during NAIDOC Week Activities

School/Community News

  CELEBRATING NAIDOC WEEK 2019 					
DATE	EVENT	LOCATION	TIME	DETAILS	CONTACT
SUNDAY 7TH JULY	LAUNCH & GATHERING OF ANNUAL NAIDOC ART EXHIBITION	Lennox Head Community Centre <u>Exhibition Hours:</u> Mon to Wednesday 11am to 4pm Thursday 9. am to 4pm	Official Opening on Sunday is 11am-12noon	NAIDOC Exhibition Local Goori Artists and Community Groups sharing their Aboriginal Cultural Heritage through unique vibrant artworks Light Refreshments provided on official opening day 7 July	Tania Marlowe or Denise Duroux On Ph: 66865644 For more information and to display your artworks
MONDAY 8TH JULY	NAIDOC CELEBRATION WALK	Grant Street outside Ballina RSL Club. Walk along River Street to Ballina Visitor Information Centre/ Tourist Information Centre OFFICIAL FLAG RAISING CEREMONY Then followed by kids fun activities and free BBQ	9:30am assemble for a 10 am start	The whole Community is encouraged to participate in a celebration of Aboriginal and Torres Strait Islander Culture by joining the walk along River Street, followed by official Welcome to Country, speeches and dance performances. Following the Flag Raising, Morning tea will be provided for Elders and adults at the Richmond Room	Ballina Shire Council Phone: 6686 1284 BGSAG—Lester 66865644
TUESDAY 9TH JULY	Sports and Skills Day Start: 10am Movie Night	Ballina Seagulls RLFC Grounds Missingham Park (Skate Park)	10am—3pm Free Event Time TBA Free Event	Our jarjums and community sports and skills day Showing off their deadly talent Nice Family night watching movies.	Bullinah AMS –Solid Mob Teams 66815644

All Children to be Supervised by an Adult over 18 years and all event days are drug and alcohol free during NAIDOC Week Activities

  CELEBRATING NAIDOC WEEK 2019 					
DATE:	EVENT:	LOCATION:	TIME	DETAILS	CONTACT:
WEDNESDAY 10TH JULY	SERVICES STALLS AND COMMUNITY CELEBRATION DAY	Cabbage Tree Island	From 10:30 am to 2pm	Great opportunity to meet and secure information on Services Come for a yarn and share our Culture	Joanna at Jali LALC About a Stall and Event Day 66867400
THURSDAY 11TH JULY	BUNJUM CULTURAL FAMILY DAY BCTI LOCAL AEOG KID DEADLY NAIDOC AWARDS JARJUMS - DISCO	Skate Park Missingham Bridge Ballina Masonic Hall Cherry St Ballina	10AM – 2:30PM 6. pm – 9.30pm Meal Supplied	Sharing and Celebrate our Culture with Cultural activities & Cultural Tours Celebrate our jarjums Deadly Achievements BBQ LUNCH Provided Jarjums come celebrate NAIDOC Parents/Carers O/18yrs MUST Attend to supervise Jarjums	Tammy at Bunjum 66865644 BCTI LAEOG 66865644 Jarjum NAIDOC Awards Deborah at Bunjum 66865644 For Jarjums Disco
FRIDAY 12 JULY	NAIDOC AWARDS AND DINNER DANCE	VENUE Cherry Street Bowling Club	TIME 6.30pm to 10.30pm	Celebrate NAIDOC Awards & Achievements of Nominees No Cost	Nena at Bunjum 66865644 For NAIDOC AWARDS Night

All Children to be Supervised by an Adult over 18 years and all event days are drug and alcohol free during NAIDOC Week Activities

Student Calendar 2019

TERM 2/	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June Week 9	24 Casino PDHPE	25	26	27	28
July Week 10	1	2	3	4	5 Lismore PDHPE Last day of Term 2
July Holidays	8	9	10 Holidays	11	12
July Holidays	15	16	17 Holidays	18	19
July Term 3 Week 1	22	23 Students first day of Term 3	24	25	26

Mini Schools: Are for full time student and in blue text

STAR Early Offer Program

Southern Cross University

Applications open on 1 May and close on 13 September.

STAR Early Offer program at Southern Cross University allows students to receive an offer into any undergraduate degree on the basis of current grades and Principal's recommendation.

Study at one of our three campuses or online. Offers are released after HSC exams but prior to HSC results.

For more information visit:

<https://www.scu.edu.au/star-early-offer/>

or contact your Senior Year Adviser

