



From the Principal's desk



Hello all,

We have entered the final run toward the HSC for 2020. There are five school weeks, and seven weeks in total until the examinations. All Year 12 students should be fully engaged in their learning materials, revising them regularly, being in regular contact with their teachers and ensuring that all assessments have been completed and handed in. There is not long to go so you really need to put in now to be fully equipped to do well.

We still have a lot going on around the school with gardens, capital works, preparation for our external validation process, preparing the new school strategic management and improvement plan, co-ordinating learning, staffing and resources and following up with students

learning. Please assist us by completing your learning activities at a rate of one learning activity per subject per week, at a minimum. This will keep you up to date with all of your courses, outcomes and requirements.

NAIDOC will look very different this year as we cannot bring groups on-site. We are endeavouring to set up a digital format with a Welcome to Country, activities, Elders storytelling segments and resourcing to hubs to allow everyone opportunity to participate. I would like to thank all the staff and community members who are contributing to these online resources.

Please remember that if you need support or assistance, contact your teachers, or for parents call the front office to make an appointment. We are here to help and assist in any way we can. We have recently had some unfortunate incidents of inappropriate behaviour and language on the phone toward staff. Please be polite and courteous in your communications so we can sort out issues in an efficient and timely manner.

Yours in education,
Danny Henman



Primary news

Jazmine has incorporated her learning about man's impact on the environment, figurative language and art to create a stunning presentation piece, below. More from other students in the Week 8 newsletter!

Little Fire Fox... by Jazmine Year 6

Run little fire fox, past the red, hot flames.
Run little fire fox, for death plays no games.
Run little fire fox, through the raging fire.
Run little fire fox, past the cackling choir.

Please little fire fox, run and don't look back.
Please little fire fox, for you have lost your pack.
Please little fire fox, your paws are getting weary.
Please little fire fox, your eyes are getting teary.

Go little fire fox, don't let those branches grab you.
Go little fire fox, now you don't know what to do.
Go little fire fox, the leaves fall down like snow.
Go little fire fox - go, go, go!

Now little fire fox, the monster is out of control.
Now little fire fox, the sky is black as coal.
Now little fire fox, you realise you're surrounded.
Now little fire fox, all your thoughts are compounded.

Try to cope little fire fox, your throat feels burnt from smoke.
Try to cope little fire fox, your little heart has broke.
Try to cope little fire fox, you watch the doom attacking.
Try to hope little fire fox, because it's not your fault someone's love is lacking.



Secondary News – Enrolment and Learning Faculty (ELF)

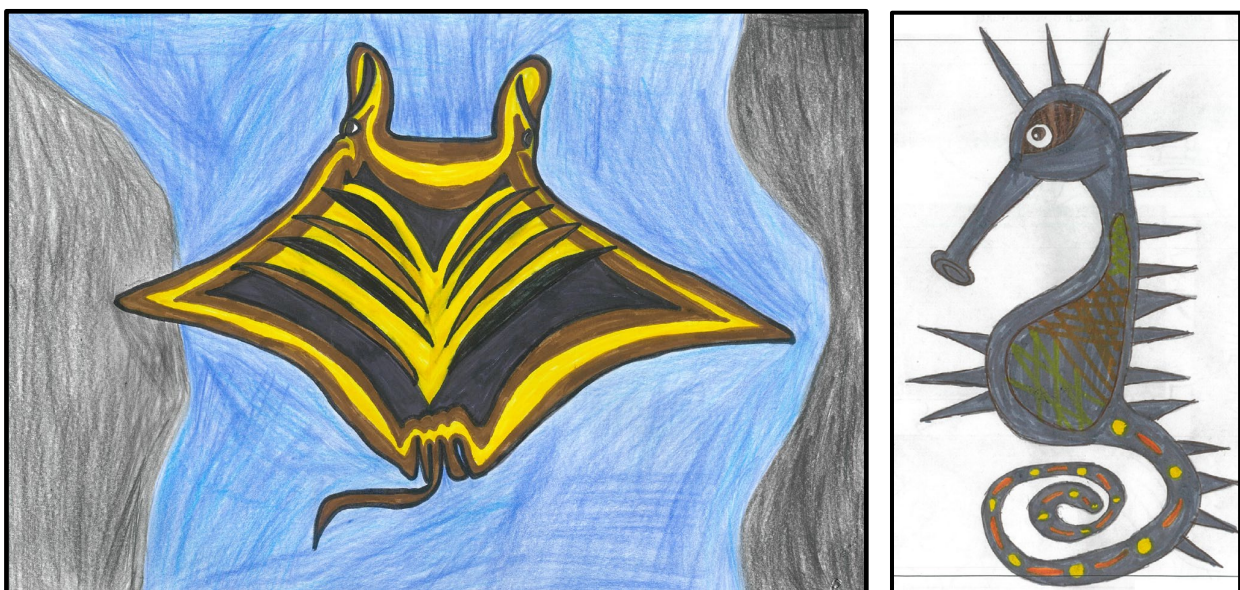
Jingi Walla! Welcome

We acknowledge the Bundjalung people, the traditional custodians of the land on which our school stands, where we learn and work together and commit to building relationships, respect and opportunities for all Aboriginal people in our community. We would also like to pay respect to elders of the Bundjalung Nation, both past and present and extend that respect to other Aboriginal peoples. We acknowledge the other nations connected to our school.



One of the other countries that students learn on at our school is the Gumbaynggirr Nation, which stretches from the Nambucca River in the south to around the Clarence River in the north and the Great Dividing Range in the west.

In Engagement and Learning we are developing Learning Activities in consultation with the local AECGs that respectfully acknowledge the traditional cultural backgrounds and history of the countries on which we teach, and embed Aboriginal perspectives in content.



Engagement and Learning Stage 6 Visual Arts student exploring Aboriginal x-ray art!

Engagement and Learning Faculty Teachers



Sarah Giles



Donna Hardinge



Belinda Schaeffer



Kate Malthouse



Tanya White



Kelly Smith



Vicki Alford



Jessica McOmish



Trevor Smith



Sharon Quinn



Shelley Hernage



Katrina Williams



Paula Taylor



Louise Webster



Vanessa Nelson



Rikki Commens



Sonya Coleman



Melinda Lynch



Patricia Lemos



Rosina Grieves



Brett Rhodes



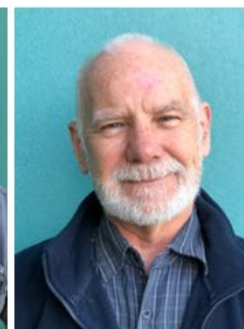
Anne Price



Dom Coulthurst



Max Bensley



Steve McLeod

Engagement and Learning Students in Action



Jonathon Robb Year 8 PDHPE

Jonathon is learning about target practice here in Inverell. He worked on aim, direction and force to get the ten pins down. Jonathon also changed his tactic as the session went on from throwing the ball to more of a rolling action. He found the rolling action most successful in the end.



Abbi-Rose Bowen Year 10 PDHPE

Abbi-Rose has been learning about the components of fitness through the activity of boxing. She has been learning about muscular endurance, strength, cardio-vascular endurance and flexibility. She has also been learning that exercise is fun and makes you feel good in your body and mind.



Jacob Glegg NRL enthusiast

Jacob is a Year 10 student who is an avid collector of Rugby League jerseys. His collection currently stands at 65 and there is no slowing him down.

Jacob has collected jerseys from Australia, England, Hong Kong, Canada and the USA from teams playing at both a national and international level.



Carys Wisdom Year 10 PDHPE

Carys is an enthusiastic PDHPE student who values health and wellbeing. Carys created this poster as a way of promoting the positive effects of Tai-Chi within the community.



Robbie Watson Year 11 Work and the Community

This is Robbie’s personal project, creating garden furniture and planter boxes using timber. Robbie is to be congratulated for his fantastic work and creativity.



Sarah Loats Year 7 Mandatory Technology

Sarah Loats created a cushion cover design for Year 7 Mandatory Technology. Her design reflects her love of horses and the composition is excellent. Sarah also completed a tie-dye project with a vibrant and eye-catching outcome.



Robbie Watson Year 11 Visual Arts

Robbie Watson has been having fun exploring and experimenting with geometric and organic shapes.



Stage 6 Food Technology

Food Technology students have been growing their own herbs and vegetables to use in their cooking!

Engagement and Learning Students in Action

Seton Morrissey has been a very creative student in Year 10 Visual Arts. He has designed a world called Sunropeia. Here is a sneak preview of his ongoing process creating illustrations and profile information of his characters and powers.



Welcome to the land of Sunropeia



Ravenger

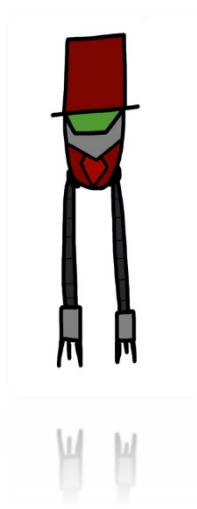
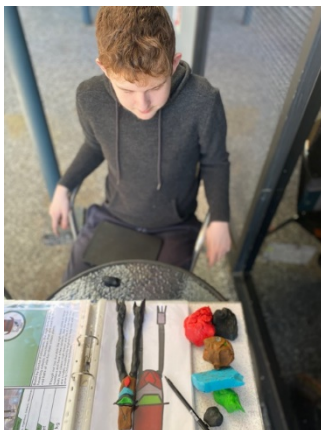
Seton describing Sunropeia:

"Sunropeia is a diverse land full of many kingdoms, exotic wildlife, wonderful landmarks and delightful people. However, despite the colourful and cheerful nature Sunropeia holds a dark secret.

You see in the past Sunropeia has a reputation for being plagued by monsters, beasts, and evil. Sunropeia has dealt with all kinds of threats ever since its discovery from undead sorcerers to black over-growing masses.



When night falls monsters come out.



Nigh- Bot



Seton turn Nigh-Bot into 3D sculptures using plasticine and Lego.

Engagement and Learning Students in Action



Amberlee-Skye Leadbeatter Year 11

Amberlee-Skye Leadbeatter at Inverell Hub is very keen on Animal Care as a pathway for the future. Her drawings show her guinea pigs and her horse – some of the many pets she has at home.



Carys Wisdom Year 10 English

Carys Wisdom created an excellent visual representation of Judith Wright Poem 'The Surfer' for her Poetry Assessment in Year 10.

Below is a stanza from the poem – you can see how Carys got her inspiration. If you look carefully she has painted a wolf in the clouds – her metaphor for the angry sea.

'For on the sand the grey-wolf sea lies, snarling,
cold twilight wind splits the waves' hair and shows
the bones they worry in their wolf-teeth. O, wind blows
and sea crouches on sand, fawning and mouthing;
drops there and snatches again, drops and again snatches
its broken toys, its whitened pebbles and shells.'

Success Story!



Ben Ryan is a Year 12 student who recently succeeded in gaining his Learners Drivers Licence. This is an excellent achievement! Well done Ben!

Ben has also recently turned 18. This is Ben celebrating his 18th Birthday with his teachers.

Work Skills = Smart Skills

As part of your school studies, would you like to enrol in courses that will help you get a job in an area you would love to work or that you have an interest... like childcare, construction, hair and beauty or animal studies (and many others)? You would complete your chosen course through a local TAFE (usually attending one day a week) and receive a nationally recognised qualification in your chosen subject. What a smart way to complete your high school education.

We can also help you to get you get your White Card, First Aid Certificate and Barista Qualification (we hold Barista and Safe Food Handling courses here at our Ballina Campus and are planning to go on tour with our Coolamon café van to other areas).



Make your education work for you!

Assistive Technology

Technology can empower people to achieve more, help strengthen educational opportunities and make workplaces more accessible and inclusive.

Some examples of assistive technology that are used regularly include:

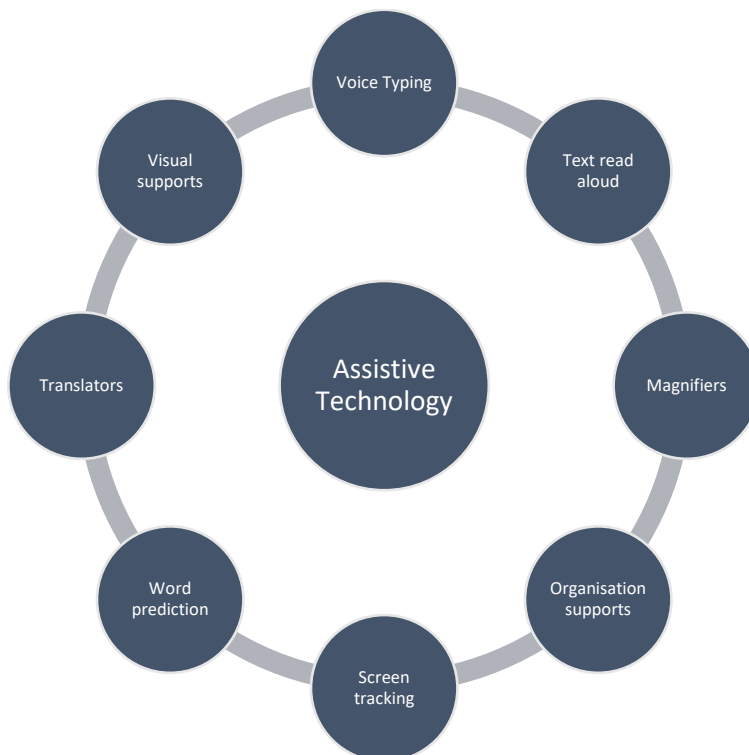
- literacy software or built in settings that allow text to be read aloud to a student
- software or settings that adjust the screen display to suit a student's needs
- tools that allow magnification of content on a screen
- speech to text tools that allow a student to dictate their writing
- communication tools that can be low or high tech.



Many devices already have built in accessibility features which can assist students to access information and the curriculum, including:

- Microsoft
- MAC/iOS (iPad)
- Google
- Android

For more information on the use of assistive technology to support learning please contact the Engagement and Learning Faculty.



Year 8 Spanish

Jonathon Robb in Year 8 Spanish made a piñata after completing a unit on birthday celebrations in Mexico. He wrote a list of materials that would be required, a procedure to make it and did a lot of cutting and pasting! The inspiration for his colourful design was his mother's birthday.

Well done Jonathon! ¡Bien hecho!



School Camp 2020

"Due to current COVID-19 restrictions imposed by NSW Department of Education, and in consideration of the health and safety of our students, their families, our staff and the community, it is with regret that we announce the cancellation of Southern Cross Distance Education School Camp for 2020.

Camp had initially been postponed until Term 4, in anticipation of things returning to normal by then. Unfortunately, we remain in a time of crisis, and must adhere to the advice of the NSW Department of Education and health authorities, whereby school camps remain on the list of restricted activities for schools in NSW.

We anticipate on returning to Exodus Adventure Camp next year in Term 2, and look forward to seeing you all then. Look out for information in the school newsletter for updates at the beginning of 2021."

World Environment day

Unfortunately, due to current Covid 19 restrictions our World Environment Day has been cancelled. This includes the 2040 movie screening.

Student leadership team news

The student leadership team is encouraging participation in RU OK day on **Thursday 10 September 2020**.

R U OK?Day is our national day of action when we remind us all that every day is the day to ask, "Are you OK?" if someone in your world is struggling with life's ups and downs.

The message for R U OK?Day 2020 is:

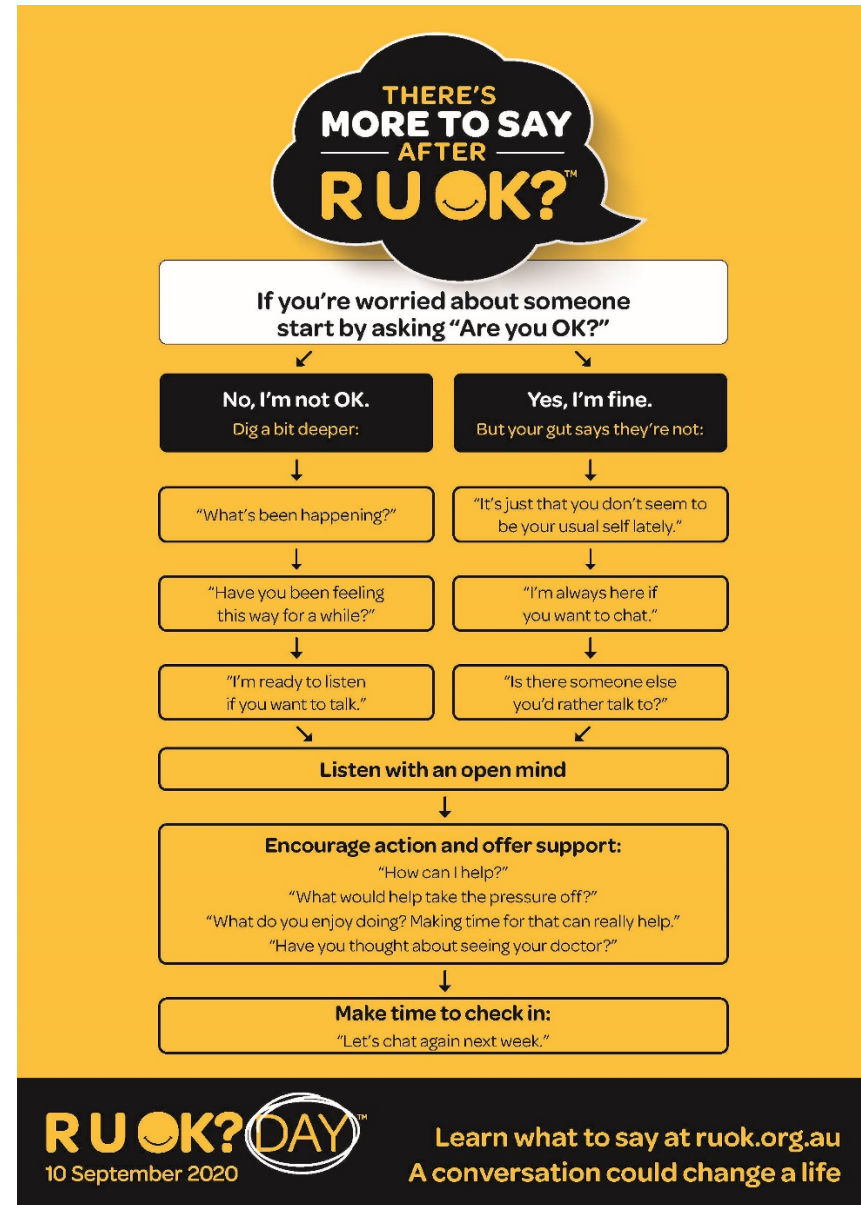
'There's more to say after r u ok?'

2020 has been a challenging year for everyone and circumstances have made it even more important for us all to stay connected and, for those who are able, be willing to support those around us.

You don't have to be an expert to keep the conversation going when someone says they're not OK. By knowing what to say you can help someone feel supported and access appropriate help long before they're in crisis, which can make a really positive difference to their life.



We encourage all students to get involved in the student leadership team. Contact your Hub teacher or Year Adviser to find out more or email Cassandra.bennett3@det.nsw.edu.au



Coping in an uncertain world



Andrew
Fuller

Clinical Psychologist
Author and Speaker

www.andrewfuller.com.au
www.mylearningstrengths.com



This is an extract from the article: How not to get PTSD and remain relatively sane
By Andrew Fuller.

If you would like further reading Andrew's websites are listed above.

Preventing Hopelessness

Turn down the volume

Dilute your stressors. Repeatedly exposing yourself to negative news and conversations can be traumatising. Have at least some time each week when you access positive news and discoveries.

Create Beauty

Beauty is an antidote to hopelessness. It lurks in the small details of life: the smile from a stranger, the wag of a dog's tail or a sunny morning. Search for these details and also intentionally create more beauty in your world for others to discover. Cherish what you can.

Preventing Helplessness

It has been a hard year but let's not make it any harder than it needs to be. We tend to tell ourselves one story and make all the facts confirm that position. Is there a more helpful story we can use? For example, are we seeing around us examples of great caring and bravery, of times when people co-operate rather than in conflict with each other? Have we beaten enemies and challenges in the past? Can we beat them again? Our history is full of awful times - holocaust, tsunami, pandemics, wars - that people been able to live through and recover from. If we just obsess on what is dreadful, it can be hard to shake off. Even worse we can become compliant victims rather than actively contributing to a better world. Be a gatherer of possibilities rather than a passive acceptor of dire outcomes.

Connect, protect and respect.

Kindness and love are our oldest medicines and our best protective mechanisms. Add to this hope and connectedness and we have the four most powerful ingredients of healing. When we develop these in families and communities, we enrich lives. Each ingredient alone may not cure a case of the flu or a virus but together they will help you resist disease, lower stress, lower blood pressure, avoid a heart attack, protect against depression, increase academic results & longevity and help you live a happier life.

This is an extract from the article: Wean your teen off the screen.

By Andrew Fuller.

If you would like further reading Andrew's websites are listed above.

How games addict our kids

The dopamine 'hits' designed into computer games provide an intense and enchanting mixture of achievement and challenge. Even when things don't work out well, such as being obliterated by being blasted out of existence by a group of malevolent cyborgs, there is always a chance to have another go. Failure is not considered. 'Go again, go better' is the common mantra of most gamers.

Empower

Gaming is part of the mix of teen life, as is social media. The important word here is 'mix'. Just as you can't survive on only one food type, we all need a range of different activities to feel happy. At a non-gaming time, try to have that conversation with your teen i.e. What are the important activities for you? What is the best balance?

Webinar Invite



School Leaver Employment Support (SLES)

You are invited to a special Webinar regarding School Leaver Employment Support (SLES) and how ON-Q can assist students with disability to make the transition from school and into a career pathway.

In this informative, approx. 15-20 minute Webinar we will cover:

- ✓ What is School Leaver Employment Supports (or SLES for short)?
- ✓ NDIS overview in relation to SLES
- ✓ Eligibility for SLES; and
- ✓ Benefits of SLES

This will be followed by a number of break-out rooms where you can book in for a 10 minutes one-on-one discussion with one of our qualified team members. You can pre-book this through our registration link below.

events.onq.org.au

The following week, we will also be conducting a webinar for parents and students with disability. Please feel free to forward the registration link below to any of your parent and student contacts.

We look forward to seeing you on the webinar and please do not hesitate to contact ON-Q if you have any further questions in the meantime.



**Webinar for
Schools & Community Organisations**

4pm Monday, 31st August

4pm Tuesday, 1st September

Register Here



events.onq.org.au

**Webinar for
Parents & Students**

6pm Monday, 7th September

6pm Tuesday, 8th September

Register Here



events.onq.org.au



Call Us **1800 761 561**

Email Us **info@onq.org.au**

DIGITAL PARENTS SHOWCASE

CONTENT FOR PARENTS TO HELP SUPPORT YOUR CHILD
MAKE INFORMED CAREER CHOICES!



**SKILLS AND
THRILLS**

TOPICS COVERED

- Industry trends/ jobs of the future
- Covid-19 impacts on industry
- Vocational Education and Training (VET) Options: School - delivered VET, SBATs and EVET
- Apprenticeships / Traineeships
- TAFE / Private Training Providers
- Funding options available (Smart and Skilled)
- Useful resources and support services

A SHOW NOT TO BE MISSED!

WHAT: Free Digital Parent Showcase Video (20 minutes- access anytime via online link)

WHEN: Available online from August 10- September 04 2020 **only**

PRE REGISTER FOR VIEWING INFORMATION: www.skillsone.com.au



skillsone



Future Choices Virtual Transition Expo

for Students with Disability

9th September 2020 9-5pm

Presented by



Regional NSW & ACT

futurechoices.vfairs.com



The *Future Choices Virtual Transition Expo* for Students with Disability is a unique opportunity that connects young people and tertiary graduates with disability to:

- Education / training providers
- Employment services
- Employers
- Apprenticeship / traineeship services
- Disability providers
- Assistive technology suppliers
- Government services

...and other support services to help them make informed decisions about their future.



Our virtual expo platform is accessible and has a range of features that the audience can use to fully participate in the event.

To register for the Future Choices Virtual Transition Expo:

- 1 Visit futurechoices.vfairs.com and register as an attendee.
- 2 Log on during the event (9th September, 9am – 5pm).
- 3 Explore the exhibit hall.
- 4 Attend the webinars that are of interest to you.
- 5 Parents and carers are also welcome to register along with staff / services supporting the transition of students and people with disability.

Are you studying AND looking after a loved one?



If you care for a family member or friend with an illness, disability or mental health issues, you could be eligible for one of the 1,000 bursaries available to young people juggling study and care.

The Young Carers Bursary offers \$3,000 towards continuing your study.



APPLY NOW

Applications for 2021 open from 28 July to 8 September 2020

To be eligible you must be a young carer who is:

- aged between 12–25
- studying or completing an apprenticeship
- an Australian citizen or permanent resident
- not receiving another scholarship.

What are you waiting for?

For more info and to apply check out:

YoungCarersNetwork.com.au



**YOUNG
CARERS
NETWORK**

NSW Department of Education

Calendar 2020



January							February							March												
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Key dates

- **Term start and end dates***
 - Term 1 – 28 Jan to 9 Apr 2020
 - Term 2 – 27 Apr to 3 Jul 2020
 - Term 3 – 20 Jul to 25 Sept 2020
 - Term 4 – 12 Oct to 18 Dec 2020
- **Western division – Term 1** – 4 Feb to 9 Apr 2020
- **School development days***
 - Eastern division – 28 Jan 2020
 - Western division – 4 Feb 2020
 - All schools – 27 Apr, 20 Jul, 17 Dec, 18 Dec 2020
- **School vacation dates 2020**
 - Summer – 23 Dec 2019 to 27 Jan 2020
 - Western division – Summer – 23 Dec 2019 to 3 Feb 2020
 - Autumn – 13 Apr to 24 Apr 2020
 - Winter – 6 Jul to 17 Jul 2020
 - Spring – 28 Sept to 9 Oct 2020
 - Summer – 21 Dec 2020 to 26 Jan 2021
 - Western division – Summer – 21 Dec 2020 to 2 Feb 2021
- **Education Week**
 - 3 Aug to 7 Aug 2020
- **Exam dates**
 - Selective high school placement test – 12 Mar 2020
 - NAPLAN paper test – 12 to 14 May 2020
 - NAPLAN online test window – 12 to 22 May 2020
 - Opportunity class placement test – 29 Jul 2020
 - HSC written examinations – 15 Oct to 6 Nov 2020
- **Public holidays**

! School zone speed limits apply on all school days, including school development days.

*Check with your local school as some dates may change.

Get connected

Follow us on Twitter @NSWEducation | Follow us on Facebook @NSWDepartmentofEducation

Visit education.nsw.gov.au/calendars for more details.

